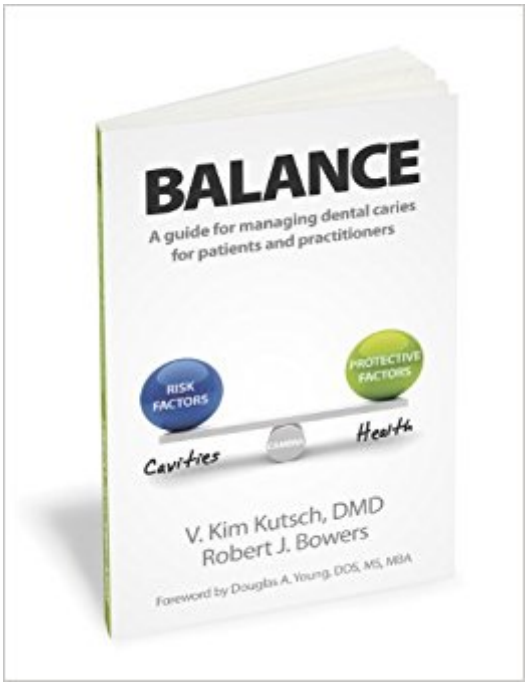
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Balance: A Guide To Managing Dental Caries For Patients And Practitioners



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Synopsis

A guide for managing dental caries for patients and practitioners. Dental decay (caries) is an epidemic. The disease is caused by an oral imbalance between risk factors for the disease and protective factors keeping patients healthy. Despite major advances in early decay detection, surgical repair technologies, and minimally invasive techniques; decay rates in many demographics continue to rise. For many patients, despite regular homecare, dental caries is a lifelong disease that progresses; causing pain, financial distress, and eventual tooth loss. Balance is a guide for patients and practitioners to manage dental caries disease. It provides the answers to the questions... "Why do I keep getting cavities?" and "What can I do about it?" www.balancebook.com Ever wonder why some people continue to get cavities despite efforts by the dental team, while others do not? A healthy mouth requires more than brushing, flossing, and "fillings." Dental caries, and the subsequent dental decay, is a complicated multifactorial disease of epidemic levels affecting children and adults. Balance addresses current trends in caries disease management, including caries risk assessment, new detection technologies, and therapeutic strategies for managing this disease. With the current scientific evidence and new technologies, patients and practitioners can begin to look at caries from not just a purely restorative (drilling and placing fillings) approach but also a medical (preventive/therapeutic) approach. This information allows patients and their dental specialists to select proper therapeutic strategies designed to prevent, stop, or reverse the cavity process. Balance is an excellent guide for managing dental caries that belongs in each and every dental practice and should be read by any patient seeking a dental home treatment or considering a restorative treatment. Douglas A. Young, DDS, MS, MBA

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Customer Reviews

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I have been a dentist for over 30 years. "Balance" is at the foundation of a paradigm shift in the way we understand the tooth decay/caries process. Whether a dental professional or a patient (and in reality, we are all patients) "Balance" will give you an appreciation as to WHY some people get decay more than others and HOW to manage and halt the decay process.When I was in dental school, decay was battled with a toothbrush, floss. Today, and since 2007’s landmark research on CAMBRA (CAries Management By Risk Assessment) dental caries is taught to be a communicable disease. Preventing caries requires understanding and managing diet, saliva, AND bacteria. Brushing and flossing still remain foundational tools in our fight, but if you still get cavities, after reading "Balance" you will understand the missing link in your battle.I have given this book to the hygienists, periodontists, and orthodontic offices that I work with. I now believe that dental caries need never exist, and if it does exist, need never progress. Bold statement? Is it easy? If you value

the investment you have made in your oral health, "Balance" will teach you how to protect those pearly whites.

Great book would recommend it to others. Not just for dentists but also for patients. Certainly helps with understanding the problem.

Dr. Kutsch and Mr. Bowers deliver in the slim, impactful book an amazingly credible definition of the new paradigm for caries management. This isn't the newest version of how to sell dentistry or fix teeth and gums. Each of the chapters clearly takes readers through the steps of CAMBRA-caries management by risk assessment from understanding the disease process, identifying and understanding specific risk factors to creating individualized plans with patients. The book paints a strategy for success for both patients and practitioners by including case studies, insurance benefit coding and the science behind the philosophy.

I am a patient. The section in the book about dry mouth problems resulting from medication applies to me. I am pleased to not only be educated but find a real answer for this problem! I appreciate seeing real data. I will share this text with my dentist and friends.

We work with a lot of dental offices that have bits and pieces of this problem, but this book provides a very nice 1-2-3 understanding of the entire process. The problem is very complex, but its easy to read and digest. This could easily be a staple in every dental office and school.

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